



INDEPENDENCE PARK       SOUTHPOINT

Patient's name: \_\_\_\_\_ DOB: \_\_\_\_\_

Mobile #: \_\_\_\_\_ Alternate #: \_\_\_\_\_ Call to schedule? Y N

Appointment date: \_\_\_\_\_ Appointment time: \_\_\_\_\_

Insurance: \_\_\_\_\_ Authorization: \_\_\_\_\_

**APPROPRIATE USE CRITERIA (AUC)**

**\*\* REQUIRED \*\***

HCP/PCS Mod Code: \_\_\_\_\_

HCP/PCS Code/G Code: \_\_\_\_\_

G

- MRI (Southpoint)       Open Bore MRI (Southpoint)  
 3T Open Bore MRI (Independence Park)       CT

**CONTRAST:**  With       Without       With & W/O       If Needed

Creatinine: \_\_\_\_\_ Date Drawn: \_\_\_\_\_ Range: \_\_\_\_\_

I-STAT Creatinine as needed.

**MRI**

- Arthrogram
- Abdomen\*
  - Adrenals\*    Liver\*    Renal\*
- Ankle\*      L R
- (to include hindfoot)\*
- Foot\*      L R
- Hindfoot to Midfoot\*
- Midfoot to Forefoot\*
- Brachial Plexus\*      L R
- Brain\*
  - Orbits       IAC
  - Pituitary       CFS Study
- NeuroQuant
- Breast MRI
- Breast MRI Biopsy      L R
- Enterography
- Hand/Finger\*      L R
- Hips\*      L R
- Knee\*      L R
- MRI - Abdominal Aorta
- MRI - Brain (Circle of Willis)\*
- MRI - Carotids (Cervical)
- MRI - Thoracic Aorta
- MRCP - (MR Cholangiogram)
- Pelvis\*
- Shoulder\*      L R
- Soft Tissue Neck  
(structures other than c-spine)
- Spine\*
  - C-Spine\*       T-Spine\*
  - CSF Flow Study       L-Spine\*
- TMJ\*
- Wrist\*      L R
- Prostate
- Other\* (specify)

**CT**

- Head**
  - Facial Bones
  - Head
  - CTA Head - Circle of Willis
  - Full Routine Sinus
  - Orbits
  - Paranasal Sinus Stereotactic Protocol:
    - Stealth    Fusion    Stryker
  - Temporal Bones
  - Neck - Soft Tissue
  - CTA Neck - Carotid Arteries
  - CTA Head/Neck-Pulsatile Tinnitus
- Chest CT (w/ or w/o only)**
  - Chest
  - Chest - Hi Res/Interstitial Lung
  - CTA Chest - Pulmonary Embolus
  - CTA Chest/Abdomen - Aorta
- Abdomen/Pelvis**
  - Enterography
  - Routine
  - Renal Mass Protocol
  - Stone Protocol
  - Abdomen Only, No Pelvis
  - Pelvis Only, No Abdomen
- Spine (w/Sagittal/Coronal Reconstruction)**
  - Cervical    Thoracic    Lumbar
- Extremity**
  - Upper      L      R
  - Lower      L      R
  - CTA Run off
- Specialty Exams**
  - Coronary Calcium Scoring (only offered at Southpoint location)
  - Perform 3-D, SAG, COR Reconstruction (if necessary):**
    - Yes    No    Other
  - CT Lung Screening** Asymptomatic  
Age 55-77 Years: \_\_\_\_\_  
Pack/Year History: \_\_\_\_\_  
Current Smoker: \_\_\_\_\_  
Former Smoker: \_\_\_\_\_  
If former smoker, how many years since patient quit? \_\_\_\_\_

**RADIOGRAPHIC PROCEDURES**

X-rays performed on a walk-in basis. No appointment necessary.

- Abdomen- 1 view supine (KUB)
- Abdomen- 2 views supine & upright
- AC Joints
- Acute Abdominal Series (3 views)
- Ankle      L R
- Bone Survey
- Calcaneus (heel)      L R
- Chest
- Clavicle      L R
- Elbow      L R
- Facial Bones
- Femur      L R
- Finger      L R
- Foot      L R
- Forearm      L R
- Hand      L R
- Humerus      L R
- Hip      L R
- Knee      L R
- Mandible
- Nasal Bones
- Neck, Soft Tissue
- Orbits
- Pelvis
- Ribs      L R
- Sacrum/Coccyx
- Scapula      L R
- Scoliosis Series
- Shoulder      L R
- SI Joints
- Skull
- Spine       Standing       Flexion/Extension
  - Cervical w/Obliques
  - Cervical AP/LAT Only
  - Thoracic
  - Lumbar AP/LAT Only
  - Lumbar w/obliques
- Sternum
- Tibia/Fibula      L R
- Toe      L R
- Wrist      L R

**ULTRASOUND**

- Abdomen Complete
- Abdomen Limited
  - RUQ
  - Single Organ \_\_\_\_\_
- Aorta
- Appendix
- Breast      Bilateral      L R
- Carotid
- OB
- 1<sup>st</sup> Trimester  
(Transabdominal /transvaginal as needed)
- 2<sup>nd</sup> Trimester  
(Transabdominal /transvaginal as needed)
- 3<sup>rd</sup> Trimester
- Pelvic  
(Transabdominal and transvaginal as required)
- Renal/Bladder
- Testicular (Scrotum)  
(doppler for arterial inflow and venous outflow as required)
- Thyroid (Neck)
- Venous
  - Lower Ext      L R
  - Upper Ext      L R
- Other \_\_\_\_\_

**MAMMO/BREAST US**

- Screening - 3D Mammo
  - Diagnostic if needed
  - Ultrasound if needed
- Diagnostic - Bilateral  
(To include US if needed)
- Unilateral      L R  
(To include US if needed)
- Reason**
  - Ultrasound Y       STAT
  - Breast MRI
  - Stereotactic/Ultrasound Breast Biopsy      L R
  - Breast MRI Biopsy      L R
  - Other \_\_\_\_\_

**REPORT DELIVERY**

- STAT - *Please call center directly to schedule a STAT*
- Routine       Call Report
- Contact Phone #: \_\_\_\_\_

**SEND IMAGES**

- To Referring Provider
- To Referring Provider w/pt.
- Powershare: \_\_\_\_\_

**DEXA/BONE DENSITOMETRY**

- Bone Density
- Diagnosis: \_\_\_\_\_

Insurance (Please fax front and back of patient's card and any clinical information to 877.765.7729)

Clinical indications/Signs/Symptoms: \_\_\_\_\_

Provider name (printed): \_\_\_\_\_ Provider signature: \_\_\_\_\_

Office phone: \_\_\_\_\_ Fax: \_\_\_\_\_ Date: \_\_\_\_\_

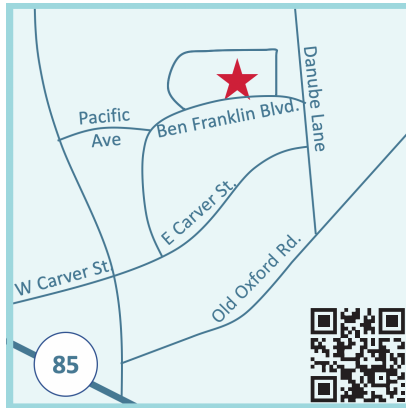
# PATIENT INSTRUCTIONS

BRING THIS ORDER WITH YOU TO YOUR SCHEDULED EXAM

VISIT US ONLINE AT [DurhamDiagnosticImaging.COM](http://DurhamDiagnosticImaging.COM) FOR DRIVING DIRECTIONS AND TO LEARN MORE ABOUT OUR IMAGING FACILITY AND SERVICES.

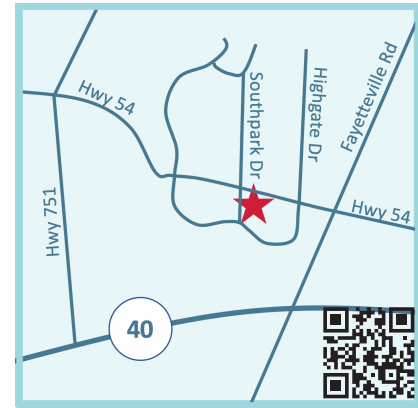
## Center Information

### Independence Park



4323 Ben Franklin Blvd. Durham, NC 27704  
(919) 471-4840 **Phone** | (919) 471-9345 **Fax**

### Southpoint



5107 Southpark Dr. Ste 101 Durham, NC 27713  
(919) 544-7199 **Phone** | (919) 544-2621 **Fax**

## COMPUTED TOMOGRAPHY (CT)

- Brain/Neck/Chest**  
Nothing to eat or drink for 1 hour before exam.
- Abdomen/Pelvis**  
Nothing to eat for 4 hours or drink for 90 minutes before exam.
- CT Enterography**  
NPO 12 hours prior. Clear liquids (non carbonated) only after midnight.  
Check in 1 hour prior (CANNOT pickup contrast ahead of time).  
Wear comfortable, warm clothing (no metal).

ALL OTHER STUDIES REQUIRE NO PREPARATION.

## MAGNETIC RESONANCE IMAGING (MRI)

No prep for MRI exam. MRI cannot be performed on patients with a Cardiac Pacemaker, some Cardiac Valves and Stents, Otologic Implants, implanted Neurostimulator, Non-titanium Aneurysm Clips in head, Pregnancy (in some cases). Please bring any relevant outside X-Rays or other exams for correlation. This is especially important for Spine and Musculoskeletal MRI Exams.

- MRI Enterography**  
NPO 6 hours  
Arrive 1 hour prior to drink contrast
- MRI Abdomen**  
NPO 4 hours

## ULTRASOUND

- Abdomen/Gallbladder**  
For morning appointments, nothing by mouth after midnight. For all other appointments, nothing by mouth 5 (five) hours prior to examination.
- Kidneys** - no prep.
- Aorta** - Nothing to eat or drink 4 (four) hours before the examination.
- Appendix** - No prep.
- Pylorus** - Bring bottle of Pedialyte. Hold last feeding 2 (two) hours.
- Thyroid** - No prep.
- Carotid Artery** - No prep.
- Testicle** - No prep.
- Venous Doppler** - No prep.
- Breast** - No prep.
- Pelvic**
  1. Complete drinking four 8oz. glasses of water 1 (one) hour before scheduled examination.
  2. Do not empty bladder until after exam.
- OB**
  - 1st and 2nd Trimester: Same as Pelvic.
  - 3rd Trimester: 16 oz. water 1 (one) hour before exam. Hold bladder.

## Coronary Calcium Scoring

No caffeine, calcium supplements or exercise 4 hours prior to the exam.

## FLUOROSCOPY

- Barium Swallow**  
No prep.
- Upper GI**  
Nothing by mouth after midnight.
- Small Bowel**  
Nothing by mouth after midnight.
- Barium Enema** - Bowel Preparation with Miralax and Dulcolax

**ONE DAY BEFORE THE EXAM:** You will need to purchase from the pharmacy: (4) Dulcolax 5 mg oral laxative tablets (not suppositories), one 238 gram bottle of Miralax (available without a prescription), and a 64 oz bottle of Gatorade or Crystal Light. Refrigerate the bottle of Gatorade or Crystal Light, as the solution is more palatable if cold.

### \*\*Diabetic Patients please use Crystal Light\*\*

Drink only clear liquids for breakfast, lunch and dinner. Clear liquids include strained fruit juices without pulp (apple, white grape, and lemonade), water, clear broth or bouillon, coffee, tea, Gatorade, sodas, Jell-O, and ice popsicles. NOT ALLOWED: Solid foods, milk or milk products, red or purple liquids.

**3:00pm** -Take 4 Dulcolax 5 mg oral tablets

**5:00pm** -Mix 238 gram bottle of Miralax in 64 oz of Gatorade or Crystal Light. Shake or stir the solution until the Miralax is dissolved. Drink an 8oz glass every 10-15 minutes until the solution is gone. If you become nauseated, please slow down drinking the solution and the nausea should pass.

**7:00pm – 9:00pm**-Drink at least 8 fl.oz of clear liquid every hour. Please note that the more clear liquid that you are able to drink; the more likely you are to have a good preparation.

### NOTHING TO EAT OR DRINK AFTER MIDNIGHT

**DAY OF EXAM** You may take Heart Medications including Blood Pressure Medication as directed by your Physician.

## MAMMOGRAPHY

Please wear a two-piece outfit. No underarm deodorant, antiperspirant, perfume, or powder on the day of the exam.

## DEXA PREP

Do not take calcium supplements 24 hours prior to appointment.

## PEDIATRIC EXAMINATION

Call Durham Diagnostic Imaging, 919-479-XRAY (9729), for instructions.



**Durham Diagnostic Imaging**  
Independence Park | Southpoint  
[DurhamDiagnosticImaging.com](http://DurhamDiagnosticImaging.com)